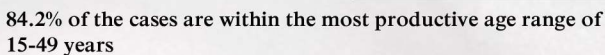


As per the Epidemiological updates, cumulative of 773 (male 401 and female 372) HIV cases were reported as of 2021. It was also reported that a total of 160 deaths were occurred due to AIDS related complications of which 81 have died while on treatment. Currently, there are about 581 registered people living with HIV (PLHIV) in the country, excluding 31 non-Bhutanese who have left the country and 1 Bhutanese living outside the country. Out of the total registered living with HIV, 558 PLHIV are enrolled in lifelong Anti-Retroviral Therapy (ART).



**For Support and Information please contact
or visit us at:**

Changjalu Lam, Olakha, Thimphu, Bhutan



Phone No: (02) 349878 / 17854195



Email: lhaksambhutan@gmail.com



Facebook:facebook.com/lhaksam.org



Website: www.lhaksam.org.bt



**A non profit, public benefit organization
registered with the Civil Society Organization
Authority (CSOA) of Royal Government of
Bhutan**

Registration No: CSOA/PBO-10

Tax Exemption No: LAX0002



For your kind contribution and donations
please use following accounts maintained by
Lhak-Sam:

Bank Name: Bank of Bhutan

Account Name: Lhak-Sam

Account Number: 100913176

Swift Code: BHUBBTBT



Bhutan Network of People living with HIV

Developed by Lhak-Sam with support from:



Save the Children





Mission

In partnership with relevant supporters and donors, Lhak-Sam aims to become a premier organization in Bhutan committed to providing and promoting leadership, education and competency to all the PLHIV, KAPS, their families and people of Bhutan through reducing fear, isolation, discrimination, and improving people's positive thinking and living productively through people's access to prevention, treatment, care, and support services



Vision

"To create a society unconditionally free from myths, fear, prejudice, discrimination and criminalization, where all the people shall have opportunities for a meaningful livelihood"

Lhak-Sam envisages a country and a region where all the people have availability and accessibility to a range of services including appropriate treatment, care, counseling and social support for a meaningful livelihood. In all related aspects of HIV, those people living with HIV and KAPs will be always included in decision making process which has concerns and bearing on their lives, family members and the citizens in general. Lhak-sam aspires to create an environment free from fear, isolation, prejudice and discrimination where HIV could be understood and felt by everyone similar to any other public problems in the society. Lhak-sam will partner with relevant stakeholders and donors to promote and practice on the meaningful involvement of PLHIV and KAPs as a vehicle towards contribution to reversing and reducing the trend of new HIV and STIs infections, movement of AIDS related prejudice and fear of death.



Goals and Objectives

The objective of Lhak-Sam is create and promote a strong support system based on solidarity, social networking and people's participation for addressing and taking collective action towards effective response to HIV/AIDS and its negative impacts".

Further, the objective are:

1. To network and extend care to all, and provide support to only disadvantaged PLHIV and KAPs in Bhutan and the region
2. To empower and enhance the competency of all members of PLHIV and KAPs to participate fully in their own treatment, care and prevention programs and services
3. To enhance greater and more meaningful participation Of the members of the society through strategic partnership building with members of PLHIV and KAPS, key stakeholders and donors towards effective response to preventing HIV and mitigating its effects in the country and the region
4. To reduce fear, prejudice, discrimination by minimizing the negative impacts of HIV and AIDS in all levels of society through various perception and behavior change communications programs
5. To advocate on social, health, legal and economic issues faced by the PLHIV and KAPs to the relevant partners and policy makers to bring about appropriate policies and regulations
6. To increase access to resources and support PLHIV, KAPs and their affected family members to lead a meaningful livelihood and develop self financing ability and long term sustainability capacity for sharing some of the economic burden of the country in responding to AIDS

What does Lhak-Sam do?

1. Support, care and positive counseling for PLHIV
2. Networking and establishing local support group in Districts
3. Capacity building of PLHIV by providing vocational training and education
4. Advocacy and sensitization on rights of PLHIV and at the workplace
5. Reducing stigma and discrimination
6. Raising awareness on HIV & AIDS
7. Strengthening relationships among infected and affected family members
8. Participating and contributing towards national and regional efforts to halt and prevent HIV
9. Provide livelihood support, nutrition support and social support to disadvantaged PLHIV registered with Lhak-Sam

Lhak-Sam Milestones and Involvement (2013-2021)

1. Board Member of the Asia Pacific Network of People living with HIV (APN+), based in Bangkok
2. APN+ representative to "7 Sisters", a coalition of Asia Pacific regional network of HIV & AIDS
3. Board Member of Youth Lead, based in Bangkok
4. Member and sub-recipient of Global Fund Country coordinating Mechanism (CCM)
5. Member of UN one Program, under the Health Theme Group
6. Member of the National Action Coordinating Group (NACG) for South Asia Initiatives to end violence against children (SAIVAC)
7. Observer at the National HIV & AIDS commission (NAHC)
8. Through positive networking, Lhak-Sam had been able to raise its membership to 215 PLHIV from 20 districts of the country and from diverse working backgrounds

Advocacy & Awareness



Media Literacy



Condom distribution



HIV Treatment Literacy

